



Crystal Stairs, Inc.

CONNECTING PEOPLE AND PASSION WITH PROFITABLE PURSUITS!

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TOP 10 GOALS TO REACH IN THE NEXT 90 DAYS?

What are the goals you most want to set for yourself for the next 90 days? Please select only those goals, which you really want, not the ones you should, could, ought, or might want. Look deep inside and then write down your 10 personal and professional goals and discuss these with your coach. When you set the right goals you should feel excited, a little nervous, ready and willing to go for it!! Don't select the goals you historically have chosen but never reached, unless you're in a much better position to reach them now.

Date	Date	Specific Measurable Goal (SMART)	Status
_____	_____	1. _____	_____
_____	_____	2. _____	_____
_____	_____	3. _____	_____
_____	_____	4. _____	_____
_____	_____	5. _____	_____
_____	_____	6. _____	_____
_____	_____	7. _____	_____
_____	_____	8. _____	_____
_____	_____	9. _____	_____
_____	_____	10. _____	_____

What are the personal/professional benefits to you of accomplishing these goals?

1. _____
2. _____
3. _____
4. _____
5. _____

Please develop a 3-step action plan or strategy and fine-tune this with your Coach!

1. _____
2. _____
3. _____

CONTINUED SUCCESS ON YOUR JOURNEY!